

Seattle Sake Paddle Club

Return to water during COVID single use craft “group paddle” guidelines

This document describes the process in which single use craft (eg; stand up paddle board, kayak, OC1) “group paddles” will be conducted at Club Sake at Leschi Marina during COVID with government & county restrictions in place for people not fully vaccinated. “Group paddle” is an event which is coordinated by the club or between members (at least 2 members). “Group lessons” will use a different set of guidelines. The protocol for group lesson is very similar to group paddle, however there are more details regarding how lessons will be conducted.

Because Single Use Craft group paddles will include both fully vaccinated and non-fully vaccinated members, this protocol is based on guidelines for people not fully vaccinated.

Below are the items that the club will provide in advance:

1. Guidelines (this webpage)
2. Access to Team Cowboy, docks and equipment

Main points for members to keep in mind:

1. Wear a double layer cloth mask at all times. Exception on water.
2. Maintain 6ft distance from other members at all times.
3. Follow applicable Sake Rules.

Location	Step / description	Notes
Pre-check	<ul style="list-style-type: none"> ● Members only ● RSVP on TC ● Conduct health self check ● Bring personal dry bag for personal items ● Bring a mask ● Bring hand sanitizer ● Personal PFD or Borrowed PFD from Club Sake 	All Participants will do a health check in at the start and are encouraged to stay home when not feeling well.
Parking lot	<ul style="list-style-type: none"> ● Leave personal items in car ● Place personal items to take with on water in personal dry bag ● Put mask on ● Gather near top of stairs ● Maintain 6ft physical distance ● Take attendance ● Review plan (this document) 	Personal items may not be stored in lockers. Recommend a personal dry bag for keys and other personal items
Head to lockers	<ul style="list-style-type: none"> ● Health Coach is first to enter and disinfects gate handle. ● Decide order in which people will approach dock ● Approach dock 2 at a time. In the case of an odd group, one group can have 3 members. (max 3 on the dock at a time) ● Using the boards as a measure, maintain distance ● Put PFD on (Personal PFD highly suggested) ● BYO hand sanitizer 	PFDs have been rested for more than 48 hours and are available for use. However, personal PFDs are highly recommended.
Head to water	<ul style="list-style-type: none"> ● Using the boards as measure, maintain distance ● Release boards from rack ● Place boards in water ● Ok to remove mask and place in personal dry-bag ● Leash up ● Secure dry bag, shoes, water bottle ● Push off and wait for group away from dock 	Once both boards are in water, 2 more members in queue can approach the dock Keep the space near the dock clear for others to put-in
On the water	<ul style="list-style-type: none"> ● Using the boards as a measure, initially group up away from the dock and maintain distance ● Review the plan (route, return time) ● As best as possible paddle abreast at least 6ft apart 	Slower paddlers will naturally fall behind, in which case 5 board lengths is the distance to follow

Return to dock	<ul style="list-style-type: none">● Debrief on water in lieu of meeting in parking lot● Decide order of return● Approach dock 2 at a time● De-board● Once on dock place mask on● Place board on rack and bungee● Put away paddle● Exit dock and go home● Health Coach disinfects gate handle after all others exit.	<p>Once boards have been put away, 2 more paddlers may approach dock. However should wait until previous group has left the dock prior to moving onto dock</p> <p>There is no meeting or gathering afterwards</p>
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