

Seattle Sake Paddle Club

Dragon Boat Practice Protocol

ONLY MEMBERS WHO ARE 2 WEEKS PAST FINAL COVID-19 VACCINATION

Location	Step / description	Notes
Pre-check	<ul style="list-style-type: none">• Members only• RSVP on TC• Bring a mask	All Participants will do a health check before leaving home and are encouraged to stay home when not feeling well.
Parking lot	<ul style="list-style-type: none">• Put mask on• Gather near top of stairs• Maintain 6ft physical distance• Take attendance and confirm all participants are fully vaccinated• Health Coach will conduct health self check and travel checklist• Review plan (this document)	
Head to water and on the water	<ul style="list-style-type: none">• Remove masks after boarding	
Return to dock	<ul style="list-style-type: none">• Replace masks for de-boarding and briefing.	