

**Return this Form to Equipment Manager**

Checklist revised 3/15/09

Applicant: \_\_\_\_\_ Home phone \_\_\_\_\_ Mobile \_\_\_\_\_

Steersperson (from different team) examining applicant: \_\_\_\_\_

Date: \_\_\_\_\_

<b>Dragon Boat Steersperson Accreditation Checklist</b>	<b>Pass</b>	<b>Fail</b>
<b>1. Demonstrate Knowledge of Theory</b>		
A. Steersperson's Responsibilities		
B. Boating Safety and Rules of the Road, contents of Safety Bag, extra paddle, bailers		
C. Paddler Safety—PFDs, non-swimmer check, buddy system		
D. Balancing a Dragon Boat—with even and odd paddlers (front/back and Rt/Lt), minimum and maximum numbers of paddlers; difference of BUKs and 6-16s		
E. Preventing capsize—avoiding and handling waves, bracing, bailing water; Procedures in case of capsize—paddler count, non-swimmer check, turn boat right side up, rescue boat vs swim to shore, preventing and treating hypothermia		
F. Recovering man overboard—dunk and lift		
<b>2. Demonstrate Proficiency</b>		
A. Pulling away from Leschi Moorage		
i. Lifejacket and non-swimmer check, number count		
ii. Check safety drybag, bailers, extra paddle, lights for night paddling		
iii. Call for bumpers in		
iv. Check balance of boat—front/back, Rt/Lt		
v. Use crisp commands and demonstrate firm control		
vi. Safely steer boat to open water		
B. Figure 8 maneuver—around two buoys if available (e.g., during warmup)		
C. Normal Stop – stop boat after letting it run (e.g., during 1 <sup>st</sup> rest break)		
D. Turn 90 degrees left while stopped – paddlers idle, steersperson only		
E. Turn 90 degrees right while stopped – paddlers idle, steersperson only		
F. Square maneuver – 10 strokes forward, draw right 10, 10 back, draw left 10		
G. Quick pivot – Paddlers paddling forward and backwards on opposite sides		
H. Race start, power 30, full stop—steer towards predetermined landmark		
I. Dock to foreign dock—e.g., unfamiliar part of Leschi or swimming dock		
J. Turn around to retrieve overboard object (such as paddle)		
K. Full control of boat in 15-20 knot winds and large waves (can be deferred)		
L. Demonstrate mastery of paddler commands		
M. Demonstrate good balance – stand on feet at all times		
N. Dock at North or South Leschi		
i. Show technical competence in entering the moorage area		
ii. Call for bumpers out		
iii. Dock and unload the boat properly		
<b>3. Demonstrate Proper Use of Boat Lines</b>		
A. Tie steering oar to boat and boat securely to dock (two half hitches, clove hitch)		
B. Towing (bowline)		

After passing this exam, steersperson is fully certified. However, steerspeople are expected to continue to practice to improve their skill and ALWAYS PUT SAFETY FIRST. Do not attempt to steer in conditions beyond your skill level—always respect the power of the water.